

## ANTIPASTI



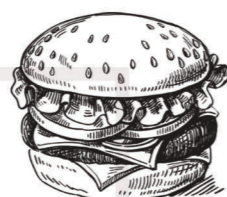
<b>SOUP OF THE DAY</b> 30.0 kcal.	£ 4.95
<b>BRUSCHETTA (V)</b> 172.0 kcal. With tomato, garlic, olive oil, red onion and basil.	£ 4.95
<b>BUFFALO MOZZARELLA</b> 163.0 kcal. With tomato salad and pesto.	£ 5.75
<b>MARINATED OILIVES</b> 171.0 kcal.	£ 3.95
<b>GAMBERI</b> 238.0 kcal. King prawns cooked with garlic, chilli and herbs.	£ 8.50
<b>AFFETTATI MISTI</b> 203.6 kcal. Consisting of Salame di Milano, Prosciutto di Parma, American pepperoni and roasted vegetables.	£ 8.50

## PASTA



<b>TAGLIATELLE</b> Bolognese 150.0 kcal.	£ 12.50
Cream sauce & Smoked Salmon 228.9 kcal.	£ 15.50
Cream sauce & Prawn 179.7 kcal.	£ 15.50
<b>PENNE ALL' ARRABBIATA (V)</b> 169.3 kcal. Spicy tomato sauce with onion & pepper.	£ 11.00
Add Chicken 132.0 kcal.	£ 2.50
Add Prawn 179.0 kcal.	£ 3.50
<b>SPINACH &amp; RICOTTA TORTELLONI</b> 260.0 kcal. Mushroom stuffed ravioli in a creamy sauce.	£ 12.50

## GRILL & BURGER



<b>SIRLOIN STEAK</b> 152.9 kcal. Grilled, served with French fries, grilled tomato and mushrooms.	£ 20.50
<b>RIB EYE STEAK</b> 258.9 kcal. Grilled, served with French fries, grilled tomato and mushrooms.	£ 20.50
Peppercorn sauce or Gorgonzola sauce.	£ 1.00
<b>CAJUN CHICKEN</b> 145.0 kcal. Chicken marinated in light cajun spice, grilled and served with salad and chips.	£ 14.50
<b>BURGER INTERNATIONAL</b> 238.9 kcal.	£ 11.50
Add Bacon 541.0 kcal.	£ 1.50
Add Cheese 402.0 kcal.	£ 1.50

## THE OVER STUFFED pizzeria



### PIZZA 10"



<b>MAGHERITA</b> 256.0 kcal. Tomato sauce and mozzarella.	£ 9.75
<b>FOUR CHEESE</b> 295.0 kcal. Cheddar cheese, parmesan cheese, blue stilton cheese and mozzarella cheese.	£ 13.00
<b>HAWAII</b> 235.0 kcal. Tomato sauce, ham, pineapple and mozzarella.	£ 11.50
<b>AMERICAN HOT</b> 290.0 kcal. Tomato sauce, pepperoni sausage, ground chilli beef and mozzarella.	£ 11.50
<b>CALABRESE</b> 266.0 kcal. Tomato sauce, pepperoni sausage, salami and mozzarella.	£ 11.50
<b>PARMA</b> 263.0 kcal. Tomato sauce, buffalo mozzarella, caramelised onion and Parma ham.	£ 13.00
<b>FIorentINA</b> 232.0 kcal. Tomato sauce, char grilled mixed vegetables, mozzarella, topped with spinach, parmesan and olive oil.	£ 11.50
<b>POLLO</b> 282.0 kcal. Tomato sauce, mozzarella, chicken mushroom and olives.	£ 11.50
<b>AFTER WORK</b> 297.0 kcal. Tomato sauce, mozzarella, pepperoni, salami, chorizo, ham and chicken.	£ 12.75
<b>EXTRA TOPPINGS</b>	£ 1.50 EACH
Mozzarella Cheese 291.0 kcal.	Ham 97.0 kcal.
Bell Peppers 48.0 kcal.	Tuna 159.0 kcal.
Onions 35.0 kcal.	Prawn 179.0 kcal.
Mushrooms 22.0 kcal.	Salami 470.0 kcal.
Jalapeno Pepper 20.0 kcal.	Chicken 132.0 kcal.
Sweetcorn 65.0 kcal.	Pepperoni 479.0 kcal.
Olives 129.0 kcal.	Chilli Beef 224.0 kcal.

## HEALTHY CHOICE



<b>CAESAR SALAD</b> 44.0 kcal. Served on cos lettuce, croutons, anchovies with Caesar dressing.	£ 9.75
Add Chicken 132.0 kcal.	£ 2.00
<b>AVOCADO &amp; SMOKED SALMON</b> 201.0 kcal. Avocado, smoked salmon, lettuce, rocket, tomato, olive and cucumber with olive oil and lemon.	£ 11.75
<b>FILLET OF SEA BASS</b> 97.0 kcal. With tomato and olive dressing served with roasted chive potatoes and salad.	£ 17.50
<b>SALMON</b> 208.0 kcal. Grilled, served with sauteed beans and salad.	£ 18.50

## SIDES



<b>GARLIC BREAD (V)</b> 333.0 kcal.	£ 3.50
<b>WITH MOZZARELLA</b> 291.0 kcal.	£ 4.50
<b>CHIPS (V)</b> 122.0 kcal.	£ 4.00
<b>ONION RINGS (V)</b> 223.0 kcal.	£ 4.00
<b>MIXED SALAD (V)</b> 16.0 kcal.	£ 4.50
<b>BUTTERED NEW POTATOES</b> 130.2 kcal.	£ 4.00

(V) VEGETARIAN OPTION  
(GF) GLUTEN FREE  
All kcal are per 100g

V denotes vegetarian.  
GF denotes Gluten Free.

All our food is prepared where nuts, gluten and other food allergens are present. Our menu descriptions do not include all ingredients - if you have a food allergy, please let us know before ordering or consuming the food. Full allergen information is available. Please ask a team member for details. Altering the dishes might alter the allergen content. Menu items are subject to availability. Prices are inclusive of VAT. Artwork and photos are illustrative.





All food are prepared where nuts and other allergens are present. If you have any specific requirements relating to allergy or intolerance, please ask our server before consuming the food.



THE  
**OVER STUFFED**  
*pizzeria*

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**M E N U**



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