

### Finishing Touches

Available Wednesday and Thursday only,  
unless selected in addition to other packages.

Full Leg Wax	£35.00
Half Leg Wax	£30.00
Back or Chest Wax	£30.00
Bikini Wax	£20.00
Underarm Wax	£18.00
Lip or Chin Wax	£15.00
Eyebrow Shape	£15.00
Eyebrow Tint	£18.00
Eyelash Tint	£25.00

\*Patch test required 48hs before treatment.

### Contact Us

- For further information or to make a booking please call **01329 836 830**.
- Email: [beauty764@theelitevenueselection.co.uk](mailto:beauty764@theelitevenueselection.co.uk)

**The Retreat Spa**  
Meon Valley Hotel,  
Golf & Country Club,  
Sandy Lane,  
Shedfield,  
Southampton,  
SO32 2HQ.

### Please check with the Spa Reception for Opening Times.

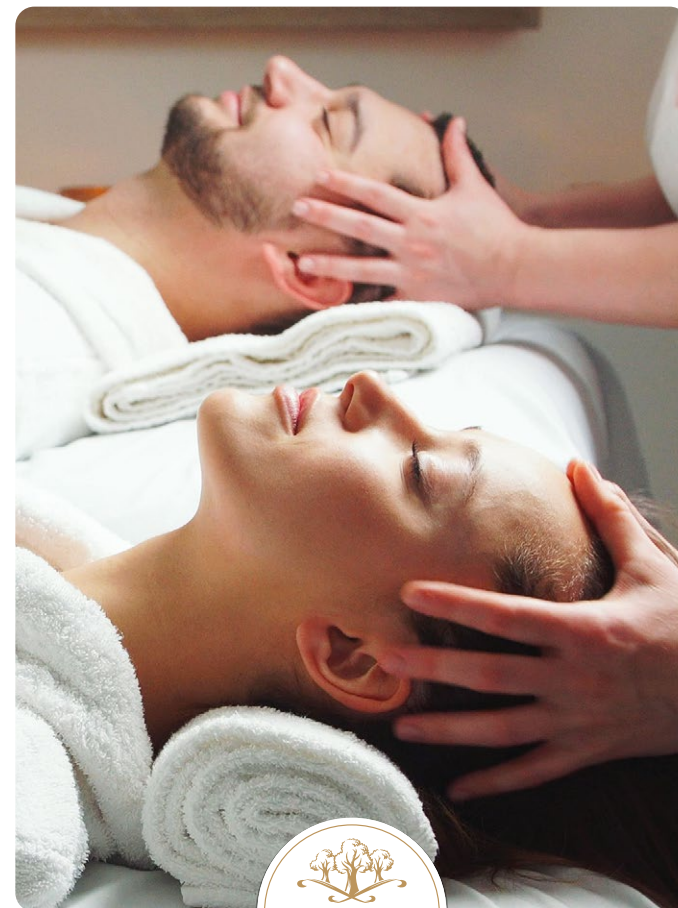
We respectfully request that you arrive at least 10 minutes prior to your appointment to allow sufficient time before your treatment to complete a consultation form. Late arrival will result in a reduction to treatment and no refund will be given.

To ensure your relaxation and that of others we request that all mobile phones are switched off during your visit to The Retreat Spa.

Access to leisure facilities are included with any treatment booked. Maximum 4 hours and will be subject to availability on the day. Guests booking the Serenity Full Spa Day are entitled to full use of the leisure facilities for the duration of their spa day.

All prices are inclusive of VAT at the current rate.

There is a 50% non-refundable deposit at the time of booking.



### THE RETREAT SPA



## Express Pamper

All treatments are 25 minutes.

## Price

**Elemis Expert™ Bespoke Facial** £57.00

**Back, Neck & Shoulder Massage** £57.00  
*choice of Swedish, Aromatherapy or Deep Tissue.*

**Elemis Body Cleansing Salt Scrub** £57.00

## Pure Pamper

All treatments are 50 minutes unless otherwise stated.

**Elemis Expert™ Touch Renew** £95.00

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

**Elemis Expert™ Touch Nourish** £95.00

Boosts skin radiance with our triple-cleanse facial with a blend of superfood-infused facial oils to leave your skin feeling nourished, rebalanced and revived.

**Elemis Expert™ Touch Reveal** £95.00

Powered by our patented Tri-Enzyme technology, this facial helps minimise the look of pores and uneven skin texture, revealing skin looking visibly resurfaced, smooth and glowing.

**Elemis Expert Absolute Face & Body Ritual**

Immerse yourself in luxury with this tailored treatment. Choose your own combination of facial and body treatments, or let your therapist prescribe you the perfect treatment to leave you feeling restored from head to toe.

*Choose 1 of the options from the following combinations:*

*50 minutes - 25 minutes facial with 25 minutes back massage.* £95.00

*Or choose 100 minutes - 50 minutes facial and 50 minutes full body.* £165.00

**Elemis Expert Tension-Ease Massage** £95.00

**Elemis Expert Transformative Hot Stone Massage** £95.00

**Swedish Full Body Massage** £95.00



## Hands & Feet

**OPI Deluxe Manicure** £60.00  
File, cuticles, scrub, mask, moisturise and polish.

**OPI Deluxe Pedicure** £60.00  
File, cuticles, scrub, mask, moisturise and polish.

**GELelevation & File** £38.00

**OPI Nail Varnish & File** £35.00

**GELelevation Removal & Manicure** £60.00

## Spa Packages

**Spa & Cream Tea** £65

- 25 Minutes treatment
- Access to leisure facilities  
(Maximum 4 hours of leisure facilities are included in any treatment booked and will be subject to availability on the day)
- Pot of tea
- Scone served with jam and clotted cream

## Serenity Full Spa Day

Tuesday-Thursday £199 | Friday-Sunday £220

- Back massage 25 minutes
- Elemis bespoke facial 25 minutes
- OPI Manicure and pedicure
- Access to leisure facilities  
(Guests booking the Serenity Full Spa Day are entitled to full use of the leisure facilities for the duration of their spa day.)
- Afternoon tea

