

**Spindles Health & Leisure**Daresbury Park · Chester Road · Warrington · WA4 4BB

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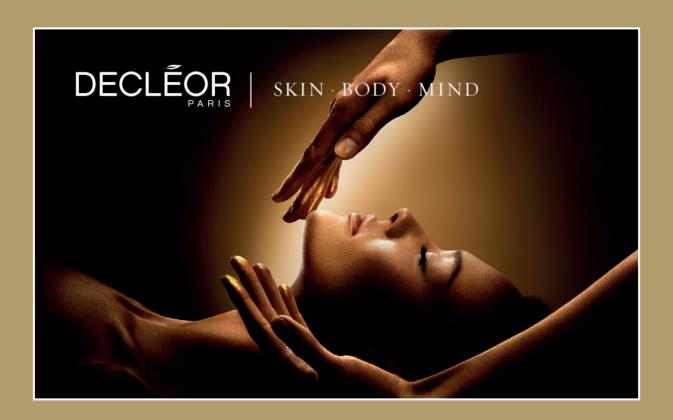
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# TREAT YOURSELF Today...

...at the Health & Beauty Spa

Daresbury Park





## DECLÉOR FACIALS

#### Hyaluronic Acid Wrinkle Resist - 70 mins £75.00

For immediately visible results, powerful ingredients and gentle exfoliation target lines and wrinkles. A mineral mask also lifts, plumps and firms for a luminous, younger-looking complexion.

#### Facial Lift Yoga - 70 mins £70.00

A lifting facial for smoothed, firmed and luminous skin – for 40 years +  $\,$ 

#### Facial Pilates - 70 mins £70.00

Inspired by pilates, delivers a natural lift to the face, whilst helping reshape the contours of the facial with a re-cushioning effect. The skin is left flawless, glowing with rosy youthfulness

#### Vital Eyes - 30 mins £28.00

Put the sparkle back! Featuring repairing and intensively hydrating eye mask. This targeted treatment fights fatigue, quenches moisture loss and helps erase wrinkles for a sparkling rested eye zone.

## **EXPRESS FACIALS**

#### Discovery Facial - 25 mins £25.00

Discover what makes Decléor facials world famous with this divine 'taster'. When you're short of time but want to bring back an irresistibly healthy complexion, this is the perfect rescue remedy. For rapid results, your expert therapist uses a combination of massage, essential oils and a gentle polish to smooth and revitalise tired skin leaving it fresh and radiant instead.

#### Ultimate Vitamin Glow - 55 mins £50.00

This internationally renowned, multi-award winning facial is power-packed with vitamins and anti-oxidants. Stress simply melts away thanks to five deeply relaxing massage techniques and the ideal rebalancing aromatic elixir for your complexion. Our deliciously warm and decongesting mask softly cocoons skin, providing the perfect environment for it to flourish. Skin is left deep cleansed, perfectly replenished and glowing with vitality

## PRESCRIPTIVE FACIALS

#### Moisture Quench - 70 mins £70.00

Super-hydrating and able to quench even the thirstiest of skins, this deeply moisturising treatment includes a gently effective exfoliation to leave skin smooth, velvety and perfectly prepped for our nourishing AROMESSENCE™ Neroli Amara Concentrate. A nutrient-rich mask drenches skin with soothing, moisture-loving ingredients for a complexion that's rehydrated, supple and cashmere soft.

#### Divine Nutrition - 70 mins £70.00

The end of dry, flaky skin, our ultra-nourishing facial deeply soothes, restores and renews. Chestnut Extract boosts crucial lipid production and micro-circulation while nourishing Geranium and Rose feed skin with vital nutrients. By locking-in moisture, complexions are also strengthened against wind, rain and cold making it ideal for anyone who spends a lot of time outdoors. Even the driest complexions are left supremely supple, comfortable and satin smooth.



## EYE CARE

Eyebrow Wax - 15 mins £5.00
Eyebrow or Lash Tint - 30 mins £5.00
Eyebrow and Lash Tint - 40 mins £9.00

(All tints require patch test 24 hours before treatment)

## HANDS

Shape and Polish - 30 mins £10.00 (Hands or feet)

Basic Manicure - 45 mins £20.00 (Without polish)

Basic Manicure - 60 mins £25.00 (With polish)

Luxury Manicure - 75 mins £30.00

(Includes exfoliation, mask and heat)

## FEET

Shape and Polish - 30 mins £10.00 (Hands or feet)
Basic Pedicure - 45 mins £20.00 (Without polish)
Basic Pedicure - 60 mins £25.00 (With polish)
Luxury Pedicure - 80 mins £30.00
(Exfoliation, mask and heated booties)

**O.P.I Gel Polish - 45 mins £15.00** (File, cuticle and application)

O.P.I Gel Removal - 30 mins £5.00

## BODY TREATMENTS

Aromatherapy Full Body Massage - 55 mins £45.00
Aromatherapy Back Massage - 25 mins £25.00
Luxury Full Body - 70 mins £45.00
Hot Stones Back and Neck Massage - 20 mins £30.00
Hot Stone Full Body - 50 mins £40.00
Back Treatment - 45 mins £30.00
[Includes exfoliation, massage and mask]
Full Body Exfoliation - 45 mins £25.00
Indian Head Massage - 25 mins £25.00

## WAX TREATMENTS

Half Leg Wax - 30 mins £15.00 Half Leg wax - 60 mins £20.00 (Includes bikini)

Full Leg Wax - 60 mins £20.00 Full Leg Wax - 75 mins £25.00 (Includes bikini)

Bikini Wax - 30 mins £10.00 Underarm Wax - 30 mins £10.00 Lip or Chin - 15 mins £5.00





## **PACKAGES**

# DECLÉOR ESSENTIALS PACKAGE - £89.00 (or 2 for £129)

Aromatherapy Back Massage • Discovery Facial • Back Exfoliation

Designed for the more active lifestyle, the treatments listed will
provide the essential therapies, allowing time to unwind & de-stress
for the busy lifestyle.

Includes full leisure access to our 15m heated pool, spa pool, steam room & gymnasium, bath robes & slippers and includes afternoon tea in our har area.

#### **DECLÉOR STRAIN RELIEF PACKAGE - £75.00**

Indian Head Massage • Vital Eyes • Back Exfoliation

Aches & strains will be taken away by a soothing head massage, soothing vital eyes and a back exfoliation to aid the elimination of tension, headaches & migraines.

Includes full leisure access to our 15m heated pool, spa pool, steam room & gymnasium, bath robes & slippers and includes afternoon tea in our bar area.

## **DECLÉOR PAMPER PACKAGE - £50.00**

Aromatherapy Full Body Massage • Nail Shape & Polish Includes full leisure access to our 15m heated pool, spa pool, steam room & gymnasium, bath robes & slippers and includes afternoon tea in our bar area.

Please note all treatments include a consultation time.

# HEALTH & BEAUTY at Daresbury Park

#### **HEALTH DISCLAIMER**

If you have any health conditions or are taking any medication (whether or not listed below) we will require an approval letter from your doctor or specialist before we can proceed with your treatment. This letter must be specific to the treatment you wish to have.

• Diabetes
• Epilepsy
• Oedema

- Asthma
- Depression
- Hormonal Imbalance

- Renal or Liver disorders
- Pregnant/ breast feeding
- Have had a recent operation
- High/low blood pressure

- Joint problems
- Poor Circulation
- Heart Conditions
- Allergies
- Muscular Pain



Monday	9.00am - 6.00pm
Tuesday	9.00am - 6.00pm
Wednesday	9.00am - 6.00pm
Thursday	9.00am - 6.00pm
Friday	9.00am - 6.00pm
Saturday	10.00am - 6.00pm
Sunday	10.00am - 6.00pm

Late night/early morning appointments are available on request.