

Full Day Packages

Luxury Indulgence Day

£140.00

- ESPA Aromatherapy Facial
- ESPA Full Body Massage
- Jessica Deluxe Manicure
- Jessica Deluxe Pedicure

The most effective oils, blended to complement each other, with ESPA aromatherapy facial, full body massage. Enjoy a Jessica Deluxe Manicure and Pedicure to complete your stress free day.

Mum To Be Package

£75.00

- Luxury Manicure
- Luxury Pedicure
- Mini Facial

The Perfect Gift Day

£100.00

- ESPA Full Body Massage
- ESPA Aromatherapy Facial
- ESPA Introductory Collection Box Set

A luxurious treatment with a gift set to take away - "The Perfect Gift".

The above packages all include:

- Full use of the leisure facilities for the entire day - 15m heated pool, Jacuzzi, steam room, gymnasium.
- Complimentary use of towels for the duration of your visit.
- Includes a light lunch - a main course and dessert from a specially designed menu.
- Bath robes and slippers available to hire for the day.

Health & Beauty at Daresbury Park

Health Disclaimer

If you have any health conditions or are taking any medication (whether or not listed below) we will require an approval letter from your doctor or specialist before we can proceed with your treatment. This letter must be specific to the treatment you wish to have.

- Diabetes
- Epilepsy
- Oedema
- Asthma
- Depression
- Hormonal Imbalance
- Renal or Liver disorders
- Pregnant/breast feeding
- Have had a recent operation
- High/low blood pressure
- Joint problems
- Poor Circulation
- Heart Conditions
- Allergies
- Muscular Pain

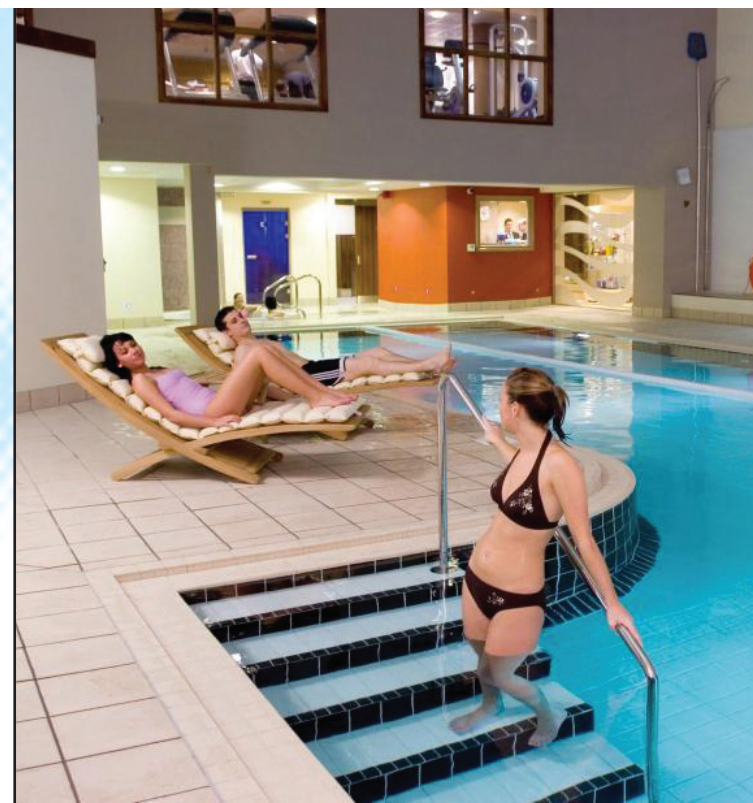
Monday	9.00am - 6.00pm
Tuesday	9.00am - 6.00pm
Wednesday	9.00am - 6.00pm
Thursday	9.00am - 6.00pm
Friday	9.00am - 6.00pm
Saturday	10.00am - 5.00pm
Sunday	10.00am - 4.00pm

*Late night/early morning appointments
are available on request.*

Spindles Health & Leisure

Daresbury Park · Chester Road · Warrington · WA4 4BB

Telephone: 01925 215 151



Treat yourself today...

...at the Health & Beauty Spa
Daresbury Park



Half Day Packages

Essentials Package £89.00 (or 2 for £129)

- ESPA Back, Neck and Shoulder Massage
- ESPA Reviving Mini Facial
- ESPA Exfoliating Body Polish

Designed for the more active lifestyle, the treatments, which include back, neck and shoulder massage, revival mini facial and exfoliating body polish will provide the essential therapies, allowing time to unwind.

Strain Relief Package £75.00

- Indian Head Massage
- ESPA Soothing Eye Treatment
- ESPA Exfoliating Body Polish

Aches and strains can be taken away by a head massage, soothing eye treatment and a full body exfoliation to aid the elimination of tension, headaches and migraines.

Pamper Option Package £50.00

Choose one of our three packages below:

- ESPA Back, Neck and Shoulder Massage with Jessica file & polish
- ESPA Mini Facial with Jessica file & polish
- Standard Jessica manicure and eye brow shape

The above packages all include:

- Full use of the leisure facilities for the entire day - 15m heated pool, Jacuzzi, steam room, gymnasium.
- Complimentary use of towels for the duration of your visit.
- Includes a light lunch - a main course and dessert from a specially designed menu.
- Bath robes and slippers available to hire for the day.

Treatments for the Face

- | | |
|----------------------------|----------------------------|
| • ESPA Revival Mini Facial | (25 Minutes) £28.00 |
| • ESPA Personalised Facial | (55 Minutes) £48.00 |
| • HOPI Ear Candles | (25 Minutes) £28.00 |

Treatments for the Body

- | | |
|---------------------------------------|----------------------------|
| • ESPA Back neck and shoulder massage | (25 Minutes) £28.00 |
| • ESPA Full body massage | (55 Minutes) £48.00 |
| • Indian Head mass age | (25 Minutes) £28.00 |
| • ESPA Holistic total body care | (85 Minutes) £75.00 |
| • ESPA Exfoliating body polish | (25 Minutes) £28.00 |
| • ESPA Life saving back massage | (45 Minutes) £38.00 |

Treatments for the Hands

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|---------------------------|--|
| • Jessica file and polish | (15 Minutes) £15.00 |
| • Jessica Luxury Manicure | (55 Minutes) £30.00 + £10.00 for gels |
| • Gels only | (30 Minutes) £22.00 |
| • Gel soak off | (25 Minutes) £10.00 |



Treatments for the Feet

- | | |
|---------------------------|--|
| • Jessica file and polish | (15 Minutes) £15.00 |
| • Jessica Luxury Manicure | (55 Minutes) £30.00 + £10.00 for gels |
| • Gels only | (30 Minutes) £22.00 |
| • Gel soak off | (25 Minutes) £10.00 |

Special offer

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|--------------------|---------------|
| • Gel hands & toes | £35.00 |
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